

HOW TO BEGIN

To begin your journey to forgiveness and reconciliation, we encourage you to call or write the following for private and confidential counseling.

* Prayers with a priest are available following a miscarriage or stillbirth.

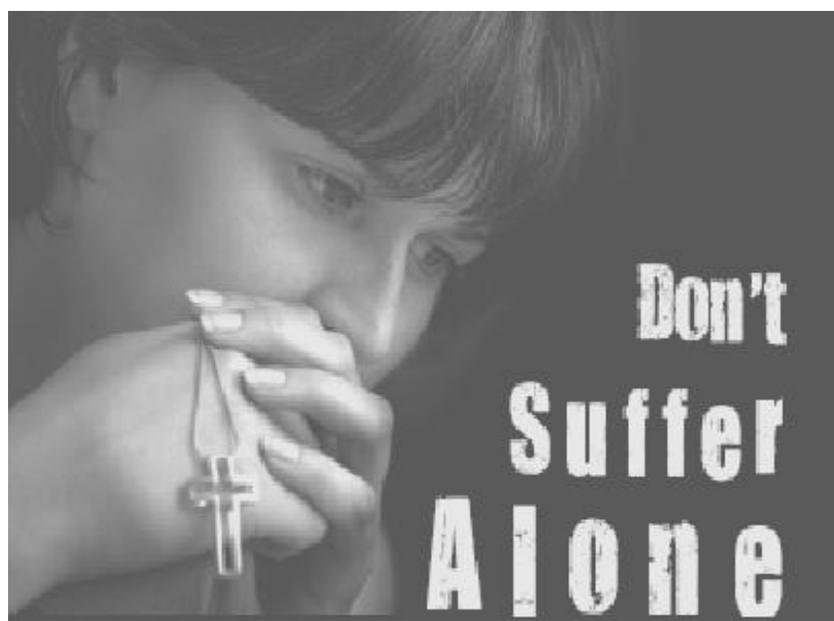
* Healing Services are available during the year for women and their families suffering the loss of a child through abortion, miscarriage, stillbirth or the death of a very young child.

For more information please call the Pro-Life Activities.

PROJECT RACHEL

PRO-LIFE OFFICE

Diocese of Buffalo
795 Main Street
Buffalo, New York 14203
(716) 847-2205



PROJECT RACHEL

A Post-Abortion Reconciliation

Offering Forgiveness, Healing and Hope to anyone suffering emotionally, psychologically and spiritually from the effects of an abortion.

Receive free, nonjudgmental, confidential counseling.

We care. Let us help you.

*Diocese of Buffalo
The Office of Pro-Life Activities*

"...the Lord has anointed me to bring good news to the suffering and afflicted. He has sent me to comfort the broken hearted."

Isaiah 61:1

A LOVING, FORGIVING CHURCH

If you or someone you know has been wounded by abortion, you are well aware that abortion is one of the most traumatic experiences a person can have.

Fear, anxiety, guilt, panic and pressure both before and after the abortion, are common and often overwhelming feelings not only for the woman who undergoes an abortion, but also for the father of the unborn child, the grandparents, close friends, even medical personnel.

For members of the Catholic faith, the pain of abortion is intensified by a sense of alienation from both God and Church. What you need to know and believe is that your Church understands and cares. Healing and reconciliation are rooted in the overpowering love of Jesus Christ and reflected in the heart of the Church's ministry. As Church, we reach out to you with compassion, concern and sacramental forgiveness.

Project Rachel – a post-abortion reconciliation Program offers a Renewed sense of **HOPE** ... that healing is possible for you.

As you encounter the **FORGIVENESS** of Jesus, through the Sacrament of Reconciliation, you will grow in the awareness that forgiveness is another gift of God – a gift to be accepted, not earned.

Throughout the **Project Rachel** journey, you will be helped by a priest or counselor prepared to respond to the needs of people who have been involved in abortion.

WHAT YOU CAN EXPECT

This experience, like the Sacrament it includes, is sensitive, private and confidential. If you wish, you can be put in touch with a priest outside your home community.

Your meeting with the priest or counselor will include counseling, prayer and scripture.

The ***Project Rachel*** journey to wholeness

...helps you cope with the past through the eyes of faith.

...opens you to receive forgiveness and the healing grace of God.

...allows you to be at peace with yourself, your unborn child, your family, your Church and God.

“Rachel mourns her children; she refuses to be consoled because her children are no more. Thus says the Lord: Cease your cries of mourning. Wipe the tears from your eyes. The sorrow you have shown shall have its reward. There is hope for your future.”

--Jeremiah 31:15-17

