



Diocese of Buffalo

## Department of Lifelong Faith Formation

A member of the Division for Evangelization and Catechesis

### Safe Environment Training for Youth Learning Objectives:

#### **Ages 5-7 (Grades K-2)**

Objective: To help children distinguish the difference between good and bad (appropriate or inappropriate) touch. To affirm a child's right to say no to an adult who makes them feel uncomfortable.

*Recommended resources:*

- [Kindergarten Safe environment Training-Archdiocese of New York](#)
- [First Grade Safe Environment Training-Archdiocese of New York](#)
- [Second Grade Safe Environment Training-Archdiocese of New York](#)
- [Uncomfortable Touch](#)-k-2 Kidsmartz
- [Telling a Trusted Adult/Surprises and Secrets](#) k-2 Kidsmartz

#### **Ages 8-10 (Grades 3-5)**

Objective: To help children recognize the lures/ tricks used by some people who make children feel uncomfortable, fearful or that can hurt them. To give children strategies for keeping them from being tricked into uncomfortable and dangerous situation, including internet safety.

*Recommended resources:*

- [Third Grade Safe Environment Training-Archdiocese of New York](#)
- [Fourth Grade Safe Environment Training-Archdiocese of New York](#)
- [Fifth Grade Safe Environment Training-Archdiocese of New York](#)
- [Uncomfortable Touch](#) 3-5 Kidsmartz
- [Telling a Trusted Adult/Surprises and Secrets](#) 3-5 Kidsmartz

#### **Ages 11-13 (Grades 6-8)**

Objective: To help youth recognize lures used by sexual predators via the anonymity of the Internet. To give young teens skills to avoid being victimized by Internet sexual predators.

*Recommended resources:*

- [Sixth Grade Safe Environment Training-Archdiocese of New York](#)
- [Seventh Grade Safe Environment Training-Archdiocese of New York](#)
- [Eighth Grade Safe Environment Training-Archdiocese of New York](#)
- [Watchwellcast's "Safe Web Surfing: Top Tips for Kids and Teens Online" – YouTube video](#)

#### **Ages 14-17 (Grades 9-12)**

Objective: To help teens to set appropriate boundaries in their relationships with both adults and peers. To develop skills for addressing situations where boundaries are crossed as well as internet safety.

*Recommended resources:*

- Establishing appropriate boundaries in relationships and addressing situations where boundaries are crossed
  - [Safe Environment Lesson Plan—Archdiocese of New York](#)
  - [High School Safe Environment Plan—Diocese of Harrisburg](#)
  - [Safe Environment Lesson Plans—Diocese of Honolulu](#)
  
- Internet safety
  - [Privacy and Internet Life Lesson Plan—Media Smarts](#)
  - [Keeping Kids Safe Lesson Plan—Diocese of Knoxville](#)
  - [Josh Shipp’s “Internet Safety Tips for Teens” – YouTube video](#)
  - [Watchwellcast’s “Safe Web Surfing: Top Tips for Kids and Teens Online” – YouTube video](#)

### **Family Session**

Objective: To increase community understanding about childhood sexual abuse; To foster cooperation to create a safe environment for children; To educate participants about what sexual abuse is and to alert them to suspicious behaviors, and internet safety.

*Recommended resources:*

- [Parent Tips](#)
- [Protecting Your Child from Sexual Abuse](#)

[More Resources](#)

9/2018