Your Pro-Life Youth Group

UB Students for Life

Mounties for Life
(Mount St. Mary’s Academy)

Students for Life
(Canisius College)

Youth 4 Life
(St. Greg’s)

A Guide to Planning Pro-Life Activities
For Parish or School
Pro-Life Youth Groups

Pro-Life Office
Diocese of Buffalo
The ABC’s of Your Pro-Life Group

Elect a Set of Officers
   President – Senior/Junior
   Vice President – Junior
   Secretary – Sophomore
   Events Coordinators – Freshman/Sophomore
   Public Relations – Freshman/Sophomore

Create a Mission Statement
   State what the purpose or YOUR group is.
   Keep it to only 1-2 sentences.

Create a logo

Set Dates for Regular Meetings
   Maybe 2-4 times a month
   Pass out a Calendar

Learn Something New at Each Meeting: Choose a topic

Create a T-shirt: to identify your group

Create Monthly and Semester Goals: Service & Action calendar

Develop Something that Your Group Does on a Regular Basis

Contact Pro-Life Office if you need Help

Cheryl Calire, Director
(716) 847-2205
Email: Pro-Lifeoffice@buffalodiocese.org
Website: www.buffalodiocese.org/prolife
Meeting Format
Sample

Opening Prayer

Learn Something New
- View a video
- Invite a speaker
- Have someone report on News Releases

Review/Report on Old Business

Discuss Upcoming Events

Brainstorm for New Ideas
- How to raise awareness of life issues

Plan Your Next Pro-Life Group Project

Work on Your Semester Goal

Assign Tasks to Each Team Member

Set Date and Time for Your Next Meeting

Closing Prayer
For great Pro-Life Prayers check out www.priestsforlife.org
Things to Learn About

Abortion: What is it Techniques/Methods
www.abortionfacts.com/techniques/techniques.asp

RU-486
www.nrlc.org/federal/RU486/index.html
www.ru486facts.org

Physical and Psychological Dangers of Abortion
www.afterabortion.info/physica.html
www.afterabortion.info/PAR/V8/n3/abortionrisks.html
www.afterabortion.info/psychol.html
www.hopeafterabortion.com

Fetal Development
www.gravityteen.com/prenatal/ninemonths.cfm

What Crisis Pregnancy Centers Offer
www.pregnancycenters.org/

Partial Birth Abortion
www.nrlc.org-abortion/pba/

What the Laws are in Your State
www.law.cornell.edu/topics/state_statutes3.html#health
www.capitol.state.ny.us/statutes/hs.toc.htm

What the Laws are in the USA
http://uscode.house.gov/
www.law.cornell.edu/uscode/

What Political Action Can Be Taken to End Abortion
www.priestsforlife.org/brochures/whatyoucando.htm
www.nycatholic.org

Discuss Roe v Wade
www.oyez.org/oyez/resource.case/334
www.rightgrrl.com/carolyn/roe.html (argues that roe v. wade is unconstitutional)
www.endroe.org
www.secondlookproject.com

Discuss Doe v Bolton
www.law.cornell.edu/supct/html/historics/USSC_CR_0410_0179_ZS.html
www.priestsforlife.org/columns/column99-03-29roescompanion.htm
Things to Learn About continued...

The Myth of Overpopulation
www.pop.org
www.c-fam.org/

What the Bible Says
www.abortionfacts.com/abortion/bible.asp
www.priestsforlife.org/brochures/thebible.html

What the Catholic Church Teaches
www.priestsforlife.org/magisteriumteachings.html
*Catechism of the Catholic Church (CCC) 2270ff*

Pope John Paul II’s Teachings
www.priestsforlife.org/magisterium/EVText.htm (See esp. Chapter III, section 57)

The Church’s Teachings on Contraception
www.priestsforlife.org/contraception/index.htm

Chastity
www.pureloveclub.com
www.catholic.net/RCC/Periodicals/Faith/9%2010%/Chastity.html

Stem Cells, Bioethics and Cloning
www.nrlc.org/killing_embryos/index.html
www.ncbcenter.org/
www.cloninginformation.org
www.stemcelresearch.org

Planned Parenthood
www.abortionfacts.com/planned Parenthood_parenthood.asp
www.stoppinternational.org

Euthanasia and Assisted Suicide
www.pcef.org/index.htm
www.nrlc.org/euthanasia/index.html
www.priestsforlife.org/euthanasia/index.htm

The Breast Cancer Connection
www.abortionbreastcancer.com/The_Link.htm
Things To Do on a Regular Basis

**Adopt a Baby Through Prayer**
Keep track of his or her development through the nine months of school.
Have your last meeting of the school year be a birthday party for the baby.
*(You could even have people bring baby gifts and then donate them to a pregnancy center)*

**Have Pro-Life All School Morning Prayers**
If you go to a public school arrange for your group to meet prior to school to say a prayer.

**Pray at a local Abortion Center**
Make plans to pray there as a group at least once a month.

**Attend Diocesan Youth and Pro-Life Events**
To see what is going on check us out at: [www.buffalodiocese.org/prolife](http://www.buffalodiocese.org/prolife)

**Volunteer for Local Pro-Life Organizations**
Pro-Life Office

**Pray Everyday for an End to Abortion**

**Wear Your Precious Feet Pin Everyday**
Monthly Goals
To Raise Awareness of LIFE Issues

Put Up a New Pro-Life Bulletin Board

- It should include the date, time and place for your meetings, news of upcoming events, basic abortion and fetal development facts, statistics, pregnancy and after abortion healing hotline numbers, etc...

- Keep the board interesting. Remember that people are more likely to read the board if it is organized, attractive, and updated.

Invite a Guest Speaker to Your Meeting

- Contact the Pro-Life Office at (716) 847-2205.
- Advertise to the whole school or parish and invite everyone to come.
- Serve refreshments! (People like free food)

Have a Flyer Campaign and Distribute Pro-Life Literature
(with permission of course)
Semester Goals

**Organize a Respect Life Week - (October is Respect Life Month)**

- Set up an information table during lunch.
- Have a special speaker come in for the whole school or for your group.
- Sell Precious Feet pins and bumper stickers
- Chalk the sidewalks with pro-life statistics with permission
- Mark every fourth chair in the cafeteria to symbolize those killed by abortion
- Have pro-life prayers read every morning
- Wear your Pro-Life group T-shirt with permission

**Attend the Mass and March for Life in January**

- Make a T-shirt or a group banner that shows who you are and where you’re from

**Start a Pro-Life Library at Your School or Parish**

- Research good books and then raise money to buy them to donate to your library

**Start a Pro-Life Baby Bottle Campaign**

- Pass out Baby Bottles to students and teachers and raise money to save babies
Great Resources

LOCAL

Pro-Life Office
Diocese of Buffalo
795 Main Street
Buffalo, NY 14203
(716) 847-2205
http://www.buffalodiocese.org/prolife

NATIONAL

American Life League
www.RockForLife.org

New York State Catholic Conference
www.nysCatholic.org

The Couple to Couple League
P. O. Box 11184
Cincinnati, OH 45211
1-800-745-8252
www.ccli.org

DO NO HARM:
Coalition for Americans for Research Ethics
www.stemcellresearch.org

Heritage House ’76
The Precious Feet People
919 S. Main Street
Snowflake, AZ 85937
1-800-858-3040
www.hh76.com

The Library of Congress Thomas
www.thomas.loc.gov

National Committee for a Human Life Amendment
733 15th Street
NW Suite 926
Washington, DC 20005
(202) 392-0703
www.nchla.org

National Catholic Bioethics Center
www.ncbcenter.org

National Conference of State Legislators
www.ncsl.org

National Right to Life
www.nrtrl.org

P. O. Box 141172
Staten Island, NY 10314
888-PFL-3448
www.priestsforlife.org

Priests for Life

The Library of Congress Thomas

United States Conference of Catholic Bishops
www.usccb.org/prolife/

Life Cycle Books
P. O. Box 1008
Niagara Falls, NY 14304
1-800-214-5849
www.lifecyclebooks.com

Victory Won
Pro-Life Materials
1-800-858-3040
www.victorywon.com