

Your Pro-Life Youth Group

UB Students for Life

**Students for Life
(Canisius College)**

**Mounties for Life
(Mount St. Mary's Academy)**

**Youth 4 Life
(St. Greg's)**

**A Guide to Planning Pro-Life Activities
For Parish or School
Pro-Life Youth Groups**



**Pro-Life Office
Diocese of Buffalo**

The ABC's of Your Pro-Life Group



Elect a Set of Officers

President – Senior/Junior

Vice President – Junior

Secretary – Sophomore

Events Coordinators – Freshman/Sophomore

Public Relations – Freshman/Sophomore

Create a Mission Statement

State what the purpose or YOUR group is.

Keep it to only 1-2 sentences.

Create a logo

Set Dates for Regular Meetings

Maybe 2-4 times a month

Pass out a Calendar

Learn Something New at Each Meeting: Choose a topic

Create a T-shirt: to identify your group

Create Monthly and Semester Goals: Service & Action calendar

Develop Something that Your Group Does on a Regular Basis

Contact Pro-Life Office if you need Help

Cheryl Calire, Director

(716) 847-2205

Email: Pro-Lifeoffice@buffalodiocese.org

Website: www.buffalodiocese.org/prolife



Meeting Format Sample



Opening Prayer

Learn Something New

- View a video
- Invite a speaker
- Have someone report on News Releases

Review/Report on Old Business

Discuss Upcoming Events

Brainstorm for New Ideas

- How to raise awareness of life issues

Plan Your Next Pro-Life Group Project

Work on Your Semester Goal

Assign Tasks to Each Team Member

Set Date and Time for Your Next Meeting

Closing Prayer

For great Pro-Life Prayers check out www.priestsforlife.org

Things to Learn About



Abortion : What is it Techniques/Methods

www.abortionfacts.com/techniques/techniques.asp

RU-486

www.nrlc.org/federal/RU486/index.html

www.ru486facts.org

Physical and Psychological Dangers of Abortion

www.afterabortion.info/physica.html

www.afterabortion.info/PAR/V8/n3/abortionrisks.html

www.afterabortion.info/psychol.html

www.hopeafterabortion.com

Fetal Development

www.gravityteen.com/prenatal/ninemonths.cfm

What Crisis Pregnancy Centers Offer

www.pregnancycenters.org/

Partial Birth Abortion

www.nrlc.org/abortion/pba/

What the Laws are in Your State

www.law.cornell.edu/topics/state_statutes3.html#health

www.capitol.state.ny.us/statutes/hs.toc.htm

What the Laws are in the USA

<http://uscode.house.gov/>

www.law.cornell.edu/uscode/

What Political Action Can Be Taken to End Abortion

www.priestsforlife.org/brochures/whatyoucando.htm

www.nyscatholic.org

Discuss Roe v Wade

www.oyez.org/oyez/resource/case/334

www.rightgrrl.com/carolyn/roe.html (argues that roe v. wade is unconstitutional)

www.endroe.org

www.secondlookproject.com

Discuss Doe v Bolton

www.law.cornell.edu/supct/html/historics/USSC_CR_0410_0179_ZS.html

www.priestsforlife.org/columns/column99-03-29roescompanion.htm

Things to Learn About continued...



The Myth of Overpopulation

www.pop.org
www.c-fam.org/

What the Bible Says

www.abortionfacts.com/abortion/bible.asp
www.priestsforlife.org/brochures/thebible.html

What the Catholic Church Teaches

www.priestsforlife.org/magisteriumteachings.html
Catechism of the Catholic Church (CCC) 2270ff

Pope John Paul II's Teachings

www.priestsforlife.org/magisterium/EVText.htm (See esp. Chapter III, section 57)

The Church's Teachings on Contraception

www.priestsforlife.org/contraception/index.htm

Chastity

www.pureloveclub.com
www.catholic.net/RCC/Periodicals/Faith/9%2010%/Chastity.html

Stem Cells, Bioethics and Cloning

www.nrlc.org/killing_embryos/index.html
www.ncbcenter.org/
www.cloninginformation.org
www.stemcelresearch.org

Planned Parenthood

www.abortionfacts.com/planned_parenthood_parenthood.asp
www.stoppinternational.org

Euthanasia and Assisted Suicide

www.pccef.org/index.htm
www.nrlc.org/euthanasia/index.html
www.priestsforlife.org/euthanasia/index.htm

The Breast Cancer Connection

www.abortionbreastcancer.com/The_Link.htm
Kahlenborn, Chris. Breast Cancer: Its Link to Abortion and the Birth Control Pill. Dayton, OH: One More Soul, 2000.

Things To Do on a Regular Basis

Adopt a Baby Through Prayer

Keep track of his or her development through the nine months of school
Have your last meeting of the school year be a birthday party for the baby
(You could even have people bring baby gifts and then donate them to a pregnancy center)

Have Pro-Life All School Morning Prayers

If you go to a public school arrange for your group to meet prior to school to say a prayer

Pray at a local Abortion Center

Make plans to pray there as a group at least once a month

Attend Diocesan Youth and Pro-Life Events

To see what is going on check us out at: www.buffalodiocese.org/prolife

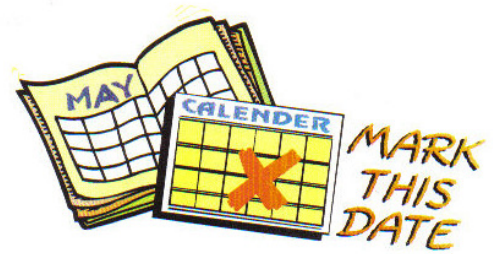
Volunteer for Local Pro-Life Organizations

Pro-Life Office

Pray Everyday for an End to Abortion

Wear Your Precious Feet Pin Everyday

Monthly Goals To Raise Awareness of LIFE Issues



Put Up a New Pro-Life Bulletin Board

- *It should include the date, time and place for your meetings, news of upcoming events, basic abortion and fetal development facts, statistics, pregnancy and after abortion healing hotline numbers, etc...*
- *Keep the board interesting. Remember that people are more likely to read the board if it is organized, attractive, and updated.*

Invite a Guest Speaker to Your Meeting

- *Contact the Pro-Life Office at (716) 847-2205.*
- *Advertise to the whole school or parish and invite everyone to come.*
- *Serve refreshments! (People like free food)*

Have a Flyer Campaign and Distribute Pro-Life Literature

(with permission of course)

Semester Goals



Organize a Respect Life Week - (October is Respect Life Month)

- *Set up an information table during lunch.*
- *Have a special speaker come in for the whole school or for your group.*
- *Sell Precious Feet pins and bumper stickers*
- *Chalk the sidewalks with pro-life statistics with permission*
- *Mark every fourth chair in the cafeteria to symbolize those killed by abortion*
- *Have pro-life prayers read every morning*
- *Wear your Pro-Life group T-shirt with permission*

Attend the Mass and March for Life in January

- *Make a T-shirt or a group banner that shows who you are and where you're from*

Start a Pro-Life Library at Your School or Parish

- *Research good books and then raise money to buy them to donate to your library*

Start a Pro-Life Baby Bottle Campaign

- *Pass out Baby Bottles to students and teachers and raise money to save babies*

Great Resources

LOCAL

*Pro-Life Office
Diocese of Buffalo
795 Main Street
Buffalo, NY 14203
(716) 847-2205
<http://www.buffalodiocese.org/prolife>*

NATIONAL

*American Life League
www.RockForLife.org*

*New York State Catholic
Conference
www.nysCatholic.org*

*The Couple to Couple
League
P. O. Box 11184
Cincinnati, OH 45211
1-800-745-8252
www.ccli.org*

*DO NO HARM:
Coalition for Americans for Research Ethics
www.stemcellresearch.org*

*Heritage House '76
The Precious Feet People
919 S. Main Street
Snowflake, AZ 85937
1-800-858-3040
www.hh76.com*

*The Library of Congress Thomas
www.thomas.loc.gov*

*Life Cycle Books
P. O. Box 1008
Niagara Falls, NY 14304
1-800-214-5849
www.lifecyclebooks.com*

*National Catholic
Bioethics Center
www.ncbcenter.org*

*National Committee for a
Human Life Amendment
733 15th Street
NW Suite 926
Washington, DC 20005
(202) 392-0703
www.nchla.org*

*National Conference of
State Legislators
www.ncsl.org*

*National Right to Life
www.nrtrl.org*

*Priests for Life
P. O. Box 141172
Staten Island, NY 10314
888-PFL-3448
www.priestsforlife.org*

*Victory Won
Pro-Life Materials
1-800-858-3040
www.victorywon.com*

*United States Conference
of Catholic Bishops
www.usccb.org/prolife/*